

MONTROSE ZION UMC

FAITH NATURE WALK

Find each of the following. When you do, read the scripture, discuss the question, and say the short prayer.





SAND/DIRT

Read: Psalm 139:17-18

Find: Dirt or sand

Discuss: What do you think about God always being near us just like the ground?

Pray: Thank God for seeing and taking care of your family and that he is with you always.

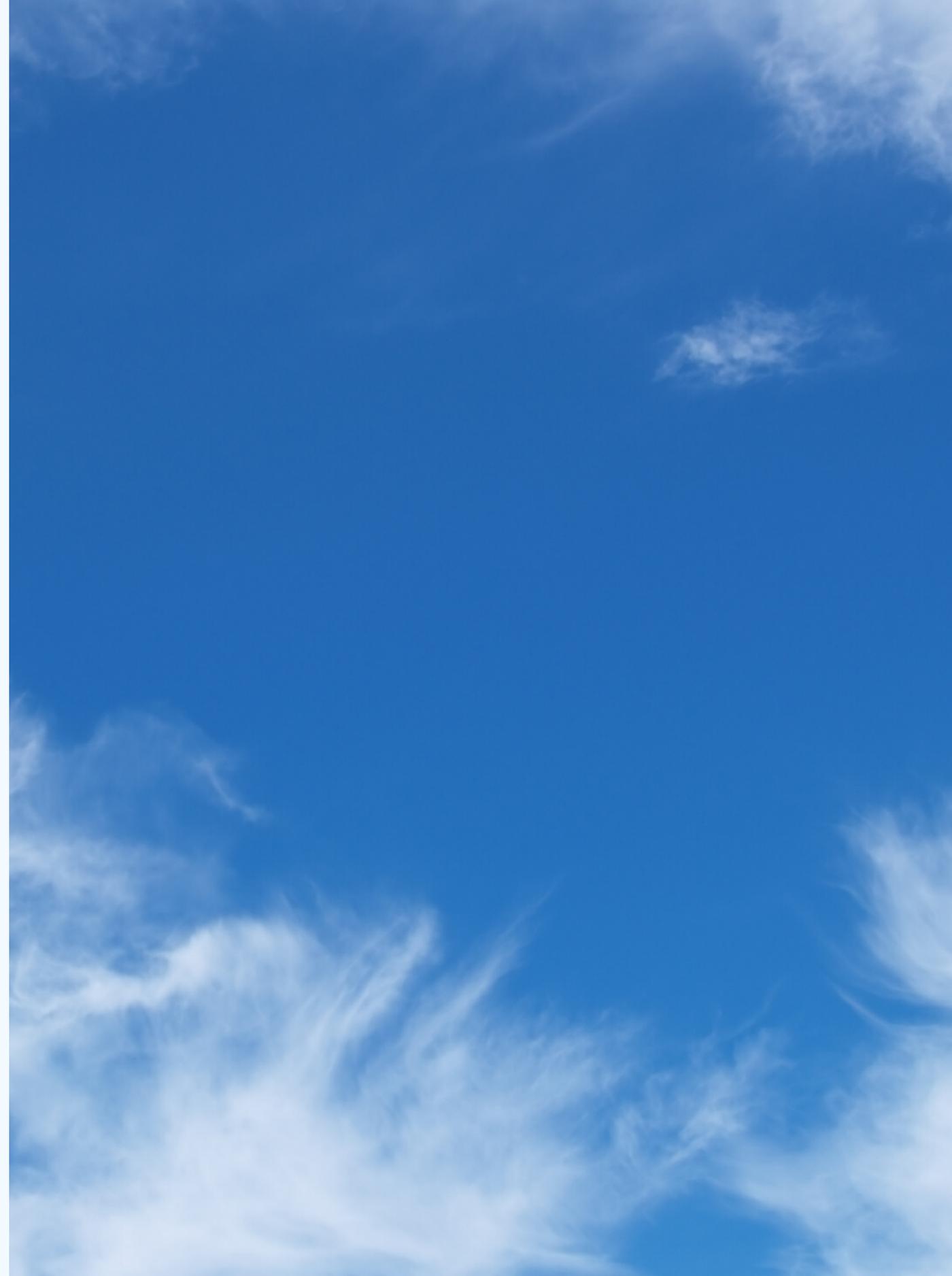
SKY

Read: Psalm 19:1

Find: Take a picture of the sky

Discuss: According to the scripture what does the sky remind us that we should be doing?

Pray: Declare to God three great things God has done for you.



A close-up photograph of several green leaves, likely from a plant like a peace lily, covered in small, glistening water droplets. The leaves are vibrant green and have a smooth, slightly waxy texture. The background is softly blurred, showing more of the same foliage.

LEAF

Read: Proverbs 11:28

Find: Leaf

Discuss: What kind of "riches" do you enjoy. What would you do without them.

Pray: Ask God to make you grateful for what you have and pray for those who are without.

ANIMALS

Read: Job 12:7-10

Find: Take a picture of an animal

Discuss: How does God take care of the animals, how does he take care of you?

Pray: Thank God for his care of the animals and of you.





GRASS

Read: Psalm 104:14

Find: 6 blades of grass

Discuss: What food are you most thankful for?

Pray: Thank God for the food you have and pray for those who have food insecurities.

BIRDS

Read: Isaiah 40:29-31

Find: Gather a feather, or take a picture of a bird

Discuss: When you are tired or weak, how do you get rest or recharge?

Pray: Ask God to give you strength for those times when you feel weak.





WATER

Read: John 4:13-14

Find: Look for some water in a lake or stream

Discuss: How can you better connect to the living water Jesus offers?

Pray: Ask God to show you how you can strengthen your relationship with him.

FRUIT

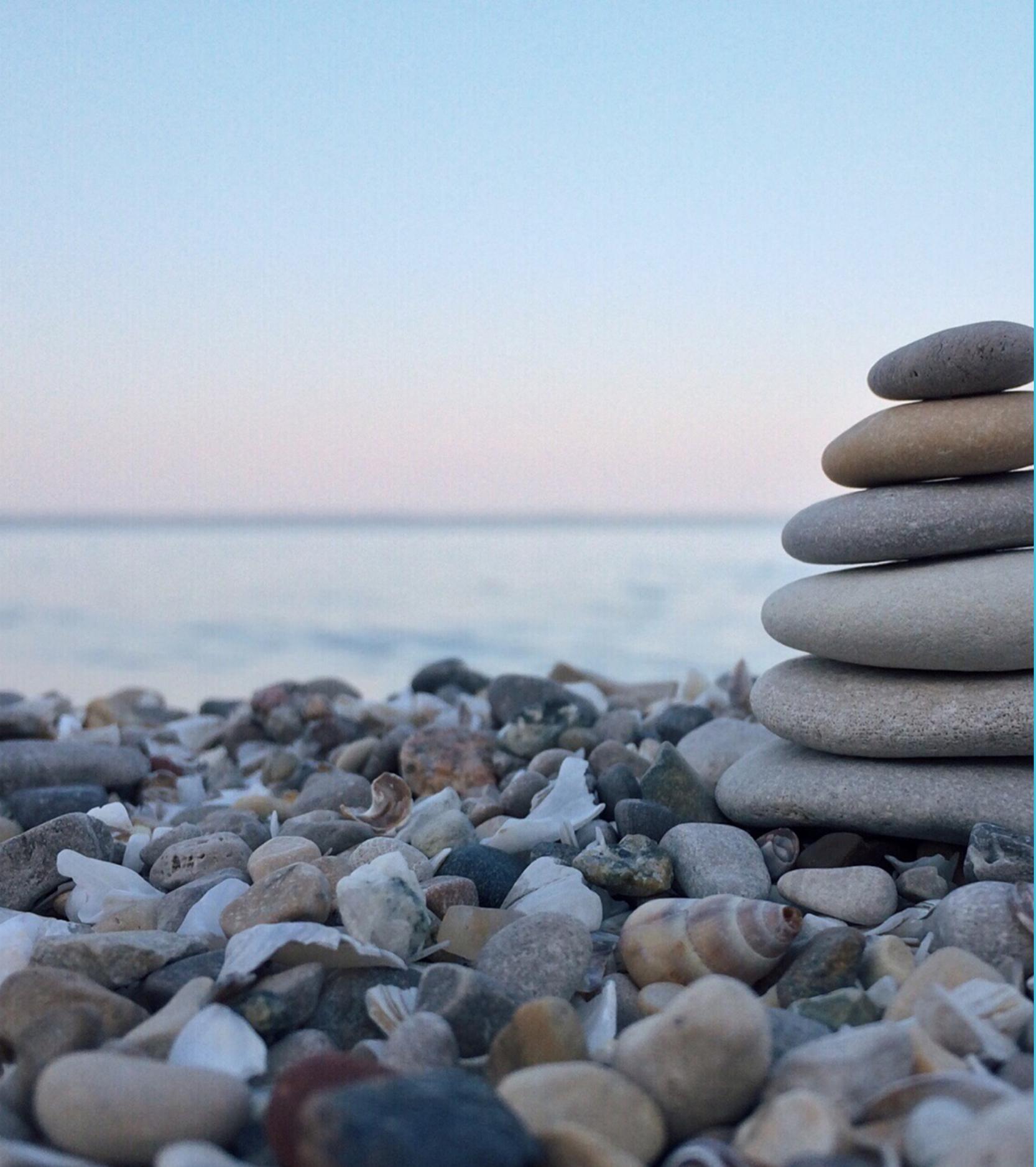
Read: John 15:5

Find: Vine or some fruit or berries

Discuss: How do we show that we are connected to Christ?

Pray: Ask God to help you grow in the fruits of the spirit. (patience, kindness, gentleness, self-control, ect.)



A photograph of a stack of smooth, rounded stones on a beach. The stones are stacked vertically, with the top stone being the largest and the bottom stone being the smallest. The background shows a calm sea and a soft, hazy sky at sunset or sunrise. The overall mood is peaceful and serene.

ROCK

Read: Psalm 62:2

Find: Rock or pebble

Discuss: What does it mean that God is our rock?

Pray: Thank God for the ways He is unchanging and name three ways he never changes.

TREE

Read: Psalm 1:1-3

Find: Stick or piece of bark

Discuss: How can you be a like a strong tree, according to the Psalm?

Pray: Pray to God to help you to read and understand the Scriptures.





FLOWERS

Read: Luke 12:25-27

Find: Flower

Discuss: What is something that worries you or are afraid of?

Pray: Ask God to give you his peace about whatever you are worried about or scared of.

YOUR TURN

Read: Jeremiah 32:17

Discuss: What in nature reminds you of God?

Collect: That item

Pray: Thank God for this beautiful world he created and ask him to remind you of this beauty daily.

